

## Chapter 3: Thomas

**Get Connected:** Who has mentored or guided you in your faith journey in different seasons?

**Scripture:** John 20:24-29 NIV

*Now Thomas (also known as Didymus), one of the Twelve, was not with the disciples when Jesus came. So the other disciples told him, “We have seen the Lord!” But he said to them, “Unless I see the nail marks in his hands and put my finger where the nails were, and put my hand into his side, I will not believe.”*

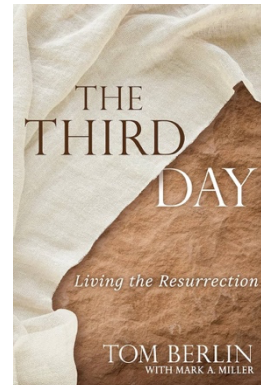
*A week later his disciples were in the house again, and Thomas was with them. Though the doors were locked, Jesus came and stood among them and said, “Peace be with you!” Then he said to Thomas, “Put your finger here; see my hands. Reach out your hand and put it into my side. Stop doubting and believe.”*

*Thomas said to him, “My Lord and my God!” Then Jesus told him, “Because you have seen me, you have believed; blessed are those who have not seen and yet have believed.”*

**Watch Video:** Rev. Brandon Vetter, Southeast District Superintendent

### Discussion Questions:

1. Have you ever had doubts or uncertainties about your faith?  
Journal about something you currently or used to doubt.
2. In what ways, if any, can you relate to Thomas?
3. Doubt invites us to ask better questions. What questions do you have about faith and belief? Make a plan to ask those questions with a pastor or a trusted Christian mentor.



### Closing Prayer:

Jesus, we thank you for meeting us in our doubts, just like you did for Thomas and so many others through the ages. Thank you for walking with us through whatever questions and ponderings we might have. May your Holy Spirit fill us as we seek to be a people pointing people to you through and with and on the way with the questions that we have. In your resurrected name we pray, Amen.

### Suggested Hymns:

UMH #367	He Touched Me
UMH #369	Blessed Assurance
UMH #377	It is Well with My Soul

